

Adarsh Jaiswal

Master of Physical Education

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Objective

Aspiring Physical Education professional with a strong academic background, practical experience and a passion for sports training, event management, and teaching. Seeking opportunities to contribute to the field of Physical Education and Sports Science.

Education

Course / Degree	School / University	Year
Master of Physical Education	Jadavpur University, Kolkata (Pursuing)	2025
Bachelor of Physical Education	Jadavpur University, Kolkata	2023
B.A Program (Physical Education)	Coochbehar College – CBPBU, Cooch Behar	2021
All India Senior School Certificate Examination (AISSCE)	Kendriya Vidyalaya NTPC Farakka, Murshidabad	2018
All India Secondary School Examination (AISSE)	Kendriya Vidyalaya NTPC Farakka, Murshidabad	2016

Experience

• Student Intern – Khel Bhavan (Sharirik Siksha Karyalay), Katihar, Bihar

- Designed and implemented general and sport-specific fitness training programs.
- Assisted the head coach in skill development for new players.

Oct. 2024 to Nov. 2024

• Student Intern – Railway Cricket Academy, Katihar, Bihar

- Organized structured fitness training programs for athletes.
- Focused on skill enhancement in batting and fielding.

Oct. 2024 to Nov. 2024

• Registration & Table Official – JKAWF India 1st All India Meet

- Managed athlete registrations and event operations.

April 2024

• Sports Event Manager – Mukundopur

- Planned and executed athletic meets for specially-abled students.

March 2024

• Sports Event Manager – Pailan College of Management Technology

- Organized and coordinated track and field events during 'Krirangan 2023'.

February 2023 and 2025

• Creator and Online Tutor – Educare Online Tuitions, Cooch Behar

- Taught students for four years, developing lesson plans and conducting assessments.

Oct. 2018 to Sept. 2022

• Student Organizer – Cooch Behar College

- Organized inter-college athletic meets under CBPBU.

Feb. 2020

• Primary School Teacher – FDTRC School

- Managed students (Classes 2-5) and structured daily lesson plans.

April 2018 to July 2018

Licenses & certifications

- UGC NET PhD Qualified (17th Oct. 2024) - Certificate ID: 24J/03/073230
- Bihar STET Qualified (18th Nov 2024)- BSEB Unique ID- 5241160000147
- [Fundamentals of Digital Marketing](#) - Google Certificate ID - HMV 78B XEJ: Issued on March 2023

Leadership Activities or Experiences

- March-past trainer, Commander & Flag bearer, Jadavpur University at WBCIPE Meet – 2022,2023,2024
- Parade Commander Annual Sports Day, Cooch Behar College – 2019,2020
- House Captain and vice-captain for Dhyanchand House, Jadavpur University-2023,2024,2025
- March-past Boys Platoon Commander for 5 times and 4 times Winner at NTPC Farakka Parade Competition, Kendriya Vidyalaya NTPC Farakka- 2016,2017,2018
- Parade commander for school Annual Sports day, Kendriya Vidyalaya NTPC Farakka- 2017-18
- Receiver of Best Commander Award, Kendriya Vidyalaya NTPC Farakka – 2017
- House Captain for Ashoka House and School Vice-Captain, Kendriya Vidyalaya NTPC Farakka- 2017-18

Skills

Teaching & Instructional Skills	• Classroom Teaching • Outdoor Teaching • Lesson Planning • Sports Event management
Sports & Physical Education Skills	• Table Tennis • Cricket • Kho-Kho • Netball • Basketball • Handball • Volleyball • Soft ball • Marching • Track and Field • Ground Marking • Track and Field Marking • Mass Demonstration Activities
Leadership, Soft Skills & Technical Skills	• Team Leadership • Interpersonal Skills • Decision-Making • Critical Thinking • Organization Skills • Teamwork • Digital Marketing • WIX Website Creation • Canva Designing • Microsoft Office

Projects

- [Departmental Presentation for NAAC Peer Team Visit, 2024](#) - Created the Department of Physical Education, Jadavpur University Presentation for the NAAC peer team visit 2024. Collected and compiled data from department archives. 
- [Departmental Website for Physical Education Department, Jadavpur University](#) – Created a user-friendly website using WIX developer mode for creating online presence of the department. 

Achievements & Awards

• East Zone Inter University Kho-Kho Tournament (2023)	Represented Jadavpur University
• State Level Youth Parliament Competition (2019-2020)	Represented Cooch Behar College
• Federal Bank 'Speak for India' West Bengal Edition (2019)	Represented Cooch Behar College
• Inter-College Games and Sports Meet: Kho-Kho & Table Tennis (2018-2020)	Represented Cooch Behar College
• U-19 Cricket Tournament (2015-2017)	Represented Kendriya Vidyalaya Farakka

Certifications & Conferences

- **Annual Convention & National Conference on Yoga**, Indian Yoga Association (2024)
- **International Symposium on Women's Sports**, Jadavpur University & Bath Spa University (2024)
- **Basic Rock-Climbing Course No. 76**, Susunia Hills, Bankura (2023)
- **NSS Volunteer**, Jadavpur University (2022-Present)
- **NSS Volunteer**, Cooch Behar College (2018-2021)
- **Career Grooming Programme 'Safalya Haather Muthoy'**, Gillette Guard (2018)
- **Jawaharlal Nehru Science Exhibition**, Kendriya Vidyalaya Sangathan (2017)